The National Safety Education Center (NSEC) is one of 27 OSHA Training Institute Education Centers (OTIECs) in the nation. These education centers are a national network of non-profit organizations authorized by OSHA to deliver occupational safety and health training to public and private sector workers, supervisors and employers. Our partnership, which consists of Northern Illinois University, the Construction Safety Council and the National Safety Council, allows us to teach courses in Region V (Illinois, Indiana, Michigan, Minnesota, Ohio and Wisconsin).

The NSEC has a proven track record in providing excellent training and education to hundreds of individuals every year. While many organizations offer safety training programs, we are the ONLY OSHA-authorized provider of OSHA numbered training courses in Illinois.

“[Quote from Gregg Helmich]"
THE PARTNERSHIP

Northern Illinois University

Northern Illinois University has over 50 years of safety education experience at the undergraduate and graduate levels. The NIU College of Engineering and Engineering Technology also offers many additional safety training topics throughout the year.

CONSTRUCTION SAFETY COUNCIL

The Construction Safety Council was founded in 1989 and is dedicated to the advancement of safety and health interests in the field of construction throughout the world. The CSC was chartered by a board of directors composed mostly of large construction company owners and operators whose vision and leadership made the organization possible.

NATIONAL SAFETY COUNCIL

The National Safety Council saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads, through leadership, research, education and advocacy. The NSC partners with businesses, elected officials, and the public to make an impact in areas such as workplace safety and safety in the home and community.

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HOW TO REGISTER

1. ONLINE
   - Log on to www.nsec.niu.edu and search for your course (credit card payments only)

2. BY MAIL
   - Download the course registration form online (check or purchase order)

3. BY PHONE
   - Call (800) 656-5317
The certificate program in Public Sector Safety & Health Fundamentals supports OSHA’s mission by training public sector employees in occupational safety and health to reduce incident rates for workers in state and local governments. In addition, the certificate program is also open to individuals who work in the private sector.

**GENERAL INDUSTRY CERTIFICATE**

| REQUIRED (3) | OSHA #511 | Occupational Safety and Health Standards for General Industry |
| OSHA #7500 | Introduction to Safety and Health Management |
| OSHA #7505 | Introduction to Incident (Accident) Investigation |

**ELECTIVES (CHOOSE 4)***

- OSHA #3095 Electrical Standards
- OSHA #2264 Permit-Required Confined Space Entry
- OSHA #7300 Understanding OSHA’s Permit-Required Confined Space Standard
- OSHA #7000 OSHA Training Guidelines for Safe Patient Handling
- OSHA #7005 Public Warehousing and Storage
- OSHA #2045 Machinery & Machine Guarding Standards
- OSHA #7100 Introduction to Machinery and Machine Safeguarding
- OSHA #7105 Evacuation and Emergency Planning
- OSHA #7115 Lockout/Tagout
- OSHA #7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities
- OSHA #7205 Health Hazard Awareness
- OSHA #7210 Pandemic Influenza Preparedness
- OSHA #7845 Recordkeeping Rule Seminar

*Must complete a minimum of 29 contact hours

**CONSTRUCTION CERTIFICATE**

| REQUIRED (3) | OSHA #510 | Occupational Safety and Health Standards for Construction |
| OSHA #7500 | Introduction to Safety and Health Management |
| OSHA #7505 | Introduction to Incident (Accident) Investigation |

**ELECTIVES (CHOOSE 4)***

- OSHA #3015 Excavation, Trenching and Soil Mechanics
- OSHA #7410 Managing Excavation Hazards
- OSHA #3095 Electrical Standards
- OSHA #3115 Fall Protection
- OSHA #7405 Fall Hazard Awareness for the Construction Industry
- OSHA #7105 Evacuation and Emergency Planning
- OSHA #7110 Safe Bolting: Principles and Practices
- OSHA #7205 Health Hazard Awareness
- OSHA #7400 Noise Hazards in the Construction Industry
- OSHA #7845 Recordkeeping Rule Seminar

*Must complete a minimum of 29 contact hours
Thank you for everything you and your team has done over the past year. Your instructors were very knowledgeable and professional. They provided an atmosphere that made learning OSHA standards not only easy, but fun as well. The National Safety Education Center provided multiple locations throughout the region, so I could take different courses based upon my schedule. This allowed me to accomplish my goal of receiving the Public Sector Safety and Health Certificate from OSHA.

I would like to thank you and your team once again for providing me with the education needed to further my career in the health, safety and environmental field. I will be recommending the National Safety Education Center to all my colleagues for all of their coursework needs.

Sincerely,
BECOME AN OSHA TRAINER!

The Train-the-Trainer Program authorizes those who complete the training program to teach 10-Hour and 30-Hour Hazard Awareness courses for their respective industry.

**GENERAL INDUSTRY**

1. OSHA #511: Occupational Safety & Health Standards for General Industry

2. OSHA #501: Trainer Course in OSHA Standards for General Industry
   **Prerequisites for OSHA #501**
   - Successful completion of OSHA #511
   - Five years of general industry safety experience
   OR
   - Three years of experience and one of the following:
     - College degree in occupational safety/health
     - Certified Safety Professional (CSP)
     - Certified Industrial Hygienist (CIH)
     - Certified Safety & Health Technician (CSHT)
     - Certified Safety & Health Manager (CSHM)

3. OSHA #503: Update for General Industry Outreach Trainers
   - MUST be completed every four years after initial authorization

**CONSTRUCTION**

1. OSHA #510: Occupational Safety & Health Standards for the Construction Industry

2. OSHA #500: Trainer Course in OSHA Standards for Construction
   **Prerequisites for OSHA #500**
   - Successful completion of OSHA #510
   - Five years of construction safety experience
   OR
   - Three years of experience and one of the following:
     - College degree in occupational safety/health
     - Certified Safety Professional (CSP)
     - Certified Industrial Hygienist (CIH)
     - Certified Safety & Health Technician (CSHT)
     - Certified Safety & Health Manager (CSHM)

3. OSHA #502: Update for Construction Industry Outreach Trainers
   - MUST be completed every four years after initial authorization
ON-SITE TRAINING

The National Safety Education Center can offer any class on-site during a time that fits your schedule. In addition to saving on travel expenses and time, these courses also provide one-on-one training that can be focused to your specific company and facilities.

Contract courses are available for any of our 10-hour and 30-hour courses, Train The Trainer program, any OSHA numbered course or a fully-customized course to meet your needs.

For more information, visit www.nsec.niu.edu.

BENEFITS

• Train multiple people at your facility
• No travel expenses
• Practical, hands-on experience on your own equipment
• Flexible scheduling

PREVIOUS CONTRACT COURSE CLIENTS

• Tootsie Roll Industries
• Neenah Foundry
• Northern Illinois Workforce Alliance
• Rich Products
• Township High School District 214
GENERAL INDUSTRY COURSES

TRAINER COURSE IN OSHA STANDARDS FOR GENERAL INDUSTRY
Course Fee: $800 | Early Bird Rate: $775 | Three-Plus Early Bird: $750

This course is designed for personnel in the private sector interested in teaching the 10-hour and 30-hour general industry safety and health outreach program to their employees and other interested groups. Special emphasis is placed on those topics that are required in the 10-hour and 30-hour programs as well as on those that are the most hazardous, using OSHA standards as a guide. Course participants are briefed on effective instructional approaches and the effective use of visual aids and handouts. This course allows the student to become a trainer in the outreach program and to conduct both a 10-hour and 30-hour general industry safety and health course and to issue cards to participants verifying course completion.

Prerequisites
• Successful completion of OSHA #511
• Five years of general industry safety experience OR three years of experience and one of the following: College degree in occupational safety and health, Certified Safety Professional (CSP), Certified Industrial Hygienist (CIH), Certified Safety & Health Technician (CSHT) or Certified Safety & Health Manager (CSHM)

Course Benefits
• Learn effective instructional approaches and the use of visual aids/handouts
• Locate OSHA safety and health standards, policies and procedures
• Describe the use of OSHA standards and regulations to supplement an ongoing safety and health program
• Earn 2.6 CEU or 4.34 CM

What You Will Learn
• Introduction to OSHA standards
• OSH Act and 29 CFR 1903
• Citations and proposed penalties
• Training techniques
• Means of egress and fire protection
• Material handling and PPE
• Outreach training program
• Electrical safety standards and work practices
• Hazard communication
• Industrial hygiene
• Machine guarding
• Lockout/tagout
• Walking and working surfaces
• OSHA record keeping
• Ergonomics
• Welding
• Permit-required confined space

PUBLIC WAREHOUSING AND STORAGE
Course Fee: $225 | Early Bird Rate: $200 | Three-Plus Early Bird: $175

The course is designed as a training course for warehouse workers and will focus on many hazards and injuries that are likely to be encountered in warehouse operations. It has been shown that warehousing has become an increasingly hazardous area to work in. OSHA has identified public storage and warehousing as one of seven industries with a high lost time claims rate. Injuries may occur from forklifts; material handling and lifting; exposure to hazardous substances; and slips, trips and falls. The course will discuss: powered industrial trucks; material handling/lifting/ergonomics; hazard communication; walking and working surfaces; and exit routes and fire protection.

Course Benefits
• Learn proper techniques to avoid injuries from forklifts, material handling, exposure to hazardous substances, slip, trip, and falls
• Earn 0.7 CEU

What You Will Learn
• Proper techniques for industrial forklifts (PIT)
• Proper material handling, stacking and lifting
• Learn ways to avoid slips, trips, and falls

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
This course for private sector personnel covers OSHA policies, procedures, and standards, as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. This course is the prerequisite for OSHA #501.

**Course Benefits**
- Locate and apply OSHA safety and health standards, policies and procedures
- Utilize OSHA standards and regulations to supplement an ongoing safety and health program
- Identify common violations of OSHA standards and propose abatement actions
- Describe appropriate abatement procedures for selected safety and health hazards
- Earn 2.6 CEU or 4.34 CM

**What You Will Learn**
- Hazard violation safety workshop
- Means of egress and fire protection
- Personal protective equipment
- Material handling
- Electrical safety standards and work practices
- Hazard communication
- Introduction to industrial hygiene
- Machine guarding
- Lockout/tagout
- Walking and working surfaces
- OSHA record keeping
- Ergonomics

Maintain your general industry trainer status. Become familiar with recent changes in OSHA standards for the most common hazards and violations. This course is designed for personnel in the private sector who have completed OSHA #501 and who are active trainers in the outreach program. General industry voluntary compliance outreach trainers must take this course every four years. If your trainer card has expired, you must retake the OSHA #501 course and the exam to be current. If your card has been expired for 10 years or more, you must retake OSHA #511 and OSHA #501.

**Prerequisites**
- Successful completion of OSHA #501

**Course Benefits**
- Locate and apply recently adopted or revised OSHA general industry safety and health standards, policies and procedures
- Recommend current OSHA general industry requirements and policies
- Describe new general industry standards
- Identify training material resources
- Apply techniques and resources used by other general industry outreach trainers
- Provide a general overview of general industry safety practices
- Earn 1.8 CEU or 3.01 CM

**What You Will Learn**
- OSHA inspection policy updates
- OSHA procedures and standards updates
- Safety and health program management
- Training techniques

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu*
This course is designed for personnel in the private sector interested in teaching the 10-hour and 30-hour construction safety and health outreach program to their employees and other interested groups. Special emphasis is placed on those topics that are required in the 10-hour and 30-hour programs as well as on those that are the most hazardous, using OSHA standards as a guide. Course participants are briefed on effective instructional approaches and the effective use of visual aids and handouts. This course allows the student to become a trainer in the outreach program and to conduct both a 10-hour and 30-hour construction safety and health course and to issue cards to participants verifying course completion.

**Prerequisites**
- Successful completion of OSHA #510
- Five years of construction safety experience OR three years of experience and one of the following: College degree in occupational safety and health, Certified Safety Professional (CSP), Certified Industrial Hygienist (CIH), Certified Safety & Health Technician (CSHT) or Certified Safety & Health Manager (CSHM)

**Course Benefits**
- Learn effective instructional approaches and the use of visual aids/handouts
- Define construction terms found in OSHA standards
- Present effective safety and health training programs in accordance with OSHA’s construction standards, regulations and guidelines.
- Earn 2.6 CEU or 4.34 CM

**What You Will Learn**
- Training techniques
- Hazard communication
- Health hazards and PPE
- Walking and working surfaces
- Scaffolding and trenching
- Outreach training program
- Electrical safety standards and work practices
- Tools and welding
- Confined space entry
- Concrete construction
- Steel erection
- OSHA record keeping
- OSHA standards and safety programs
- OSHA inspections, targeting and penalties

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu*
This course for private sector personnel covers OSHA policies, procedures, and standards, as well as construction safety and health principles. Topics include scope and application of the OSHA construction standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. This course is the prerequisite for OSHA #500.

Course Benefits
- Select the appropriate OSHA standards that apply to a hazard
- Identify elements of a successful construction safety program
- Identify the more frequently-cited OSHA standards
- Implement an effective record keeping procedure
- Earn 2.6 CEU or 4.34 CM

What You Will Learn
- Introduction to OSHA
- Hazard violation search workshop
- Safety programs
- Record keeping
- Hazard communication
- Health hazards in construction
- Personal protective equipment
- Fire protection and prevention
- Materials handling
- Hand and power tools
- Welding
- Electrical
- Demolition
- Blasting
- Stairways and ladders
- Scaffolding
- Fall protection
- Cranes and rigging
- Motor vehicles
- Excavation
- Concrete construction
- Steel erection
- Underground construction

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu*
CONSTRUCTION INDUSTRY COURSES

UPDATE FOR CONSTRUCTION INDUSTRY OUTREACH TRAINERS
Course Fee: $675 | Early Bird Rate: $650 | Three-Plus Early Bird: $625

Maintain your construction industry trainer status. Become familiar with recent changes in OSHA standards for the most common hazards and violations. This course is designed for personnel in the private sector who have completed OSHA #500 and who are active trainers in the outreach program. Construction industry voluntary compliance outreach trainers must take this course every four years. If your trainer card has expired, you must retake the OSHA #500 course and the exam to be current. If your card has been expired for 10 years or more, you must retake OSHA #510 and OSHA #500.

Prerequisites
• Successful completion of OSHA #500

Course Benefits
• Locate and apply recently adopted or revised OSHA construction industry safety and health standards, policies and procedures
• Recommend current OSHA general industry requirements and policies
• Describe new construction standards
• Identify training material resources
• Apply techniques and resources used by other construction outreach trainers
• Provide a general overview of construction safety practices
• Earn 1.8 CEU or 3.01 CM

What You Will Learn
• OSHA inspection policy updates
• OSHA procedures and standards updates
• Safety and health program management
• Training techniques

CLASS SCHEDULE*
March 8-10, 2016 (Danville, IL)
March 21-23, 2016 (Green Bay, WI)
April 19-21, 2016 (Hillside, IL)
April 19-21, 2016 (St. Paul, MN)
June 21-23, 2016 (Hillside, IL)
Aug. 23-25, 2016 (Hillside, IL)
Oct. 4-6, 2016 (Decatur, IL)
Oct. 18-20, 2016 (Hillside, IL)
Dec. 6-8, 2016 (Green Bay, WI)
Dec. 20-22, 2016 (Hillside, IL)

CRANES IN CONSTRUCTION
Course Fee: $600 | Early Bird Rate: $575 | Three-Plus Early Bird: $550

This course covers the best practices in crane and derrick operation using the OSHA Cranes and Derricks in Construction Rule as a guide. Course topics include hazards associated with crane assembly and disassembly, types of cranes, lifting concepts, rigging and wire rope, signaling, employee qualifications and training, and maintenance, repair, and inspection requirements. Students will participate in workshops to reinforce concepts of safe crane operation. Upon course completion students will have the ability to identify the types of cranes and their components and attachments, determine safe operating conditions, and recognize common violations of OSHA standards.

Course Benefits
• Identify the types of cranes and their components and attachments
• Determine safe operating conditions
• Recognize common violations of OSHA standards
• Earn 2.25 CEU or 3.34 CM

What You Will Learn
• Hazards associated with crane assembly and disassembly
• Types of cranes
• Lifting concepts
• Rigging and wire rope
• Signaling
• Employee qualifications and training
• Maintenance, repair, and inspection requirements

CLASS SCHEDULE*
May 3-5, 2016 (Hillside, IL)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
The focus of this five-hour course is to identify, evaluate, and prevent or control fall hazards at construction sites. The course focuses on falls to a lower level not falls to the same level resulting from slips and falls. The target audience is the small construction employer, business owner, or manager who would like to obtain information about fall hazards found in the workplace. The training is also suitable for employees and employee representatives.

**Course Benefits**
- Identify fall hazards
- Analyze fall hazards
- Prevent fall hazards
- OSHA resources addressing fall hazards
- Earn 0.7 CEU

**What You Will Learn**
- Identifying fall hazards
- Analyzing fall hazards
- Preventing fall hazards utilizing OSHA Fall Protection Standards

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The goal of this course is to help federal employees recognize major construction industry hazards and discuss prevention strategies including the elements of safety and health management systems that employers should develop to eliminate or minimize workplace hazards. The course focuses on major safety hazards, Focus Four, and major health hazards prevention strategies based on OSHA Standards and Guidelines.

**Course Benefits**
- Identify major safety hazards, major health hazards
- Review OSHA 29 CFR 1926 standards
- Identify OSHA online and printed resources available that support construction industry safety
- Earn 1.2 CEU

**What You Will Learn**
- Major safety hazards: Focus Four
- Major health hazards
- Prevention strategies based on OSHA standards and guidelines
- Resources available

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*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu*
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<td>- March 1-4, 2016 (Hoffman Estates, IL)</td>
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<td>- May 9-12, 2016 (Itasca, IL)</td>
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<td>- May 17-20, 2016 (St. Paul, MN)</td>
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<td>- June 6-9, 2016 (Itasca, IL)</td>
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<td>- June 10-13, 2016 (Green Bay, WI)</td>
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<td>- Aug. 2-5, 2016 (Naperville, IL)</td>
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<td>- Aug. 22-25, 2016 (Green Bay, WI)</td>
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<td>- Sept. 13-16, 2016 (Danville, IL)</td>
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<td>- Sept. 20-23, 2016 (Green Bay, WI)</td>
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<td>- Nov. 7-10, 2016 (Itasca, IL)</td>
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<td>- Nov. 14-17, 2016 (Hoffman Estates, IL)</td>
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<td><strong>OSHA #510: OCCUPATIONAL SAFETY AND HEALTH STANDARDS FOR CONSTRUCTION INDUSTRY</strong></td>
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<td>- April 4-7, 2016 (Hillside, IL)</td>
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<td>- April 11-14, 2016 (St. Paul, MN)</td>
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<td>- June 6-9, 2016 (Hillside, IL)</td>
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<td>- Aug. 8-11, 2016 (Hillside, IL)</td>
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<td>- Sept. 12-15, 2016 (Decatur, IL)</td>
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<td><strong>OSHA #501: TRAINER COURSE IN OSHA STANDARDS FOR GENERAL INDUSTRY</strong></td>
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<td>- March 29-April 1, 2016 (St. Paul, MN)</td>
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<td>- April 18-21, 2016 (Green Bay, WI)</td>
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<td>- April 26-29, 2016 (Danville, IL)</td>
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<td>- June 13-16, 2016 (St. Paul, MN)</td>
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<td>- June 14-17, 2016 (Hoffman Estates, IL)</td>
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<td>- July 11-14, 2016 (Danville, IL)</td>
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<td>- Sept. 12-15, 2016 (Itasca, IL)</td>
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<td>- Oct. 25-28, 2016 (Green Bay, WI)</td>
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<td>- Nov. 1-4, 2016 (Decatur, IL)</td>
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<td>- Dec. 6-9, 2016 (Naperville, IL)</td>
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<td><strong>OSHA #503: UPDATE FOR GENERAL INDUSTRY OUTREACH TRAINERS</strong></td>
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<td>- March 7-9, 2016 (St. Paul, MN)</td>
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<td>- March 9-11, 2016 (Decatur, IL)</td>
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<td>- March 21-25, 2016 (Hillside, IL)</td>
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<td>- March 28-31, 2016 (Green Bay, WI)</td>
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<td>- May 9-13, 2016 (Hillside, IL)</td>
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<td>- May 10-13, 2016 (St. Paul, MN)</td>
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<td>- July 12-14, 2016 (Itasca, IL)</td>
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<td>- Oct. 4-6, 2016 (Danville, IL)</td>
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<td>- Oct. 11-14, 2016 (Cleveland, OH)</td>
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<td>- Dec. 5-8, 2016 (Hillside, IL)</td>
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<td><strong>OSHA #502: UPDATE FOR CONSTRUCTION INDUSTRY OUTREACH TRAINERS</strong></td>
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<td>- March 8-10, 2016 (Danville, IL)</td>
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<td>- March 21-23, 2016 (Green Bay, WI)</td>
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<td>- April 19-21, 2016 (Hillside, IL)</td>
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<td>- April 19-21, 2016 (St. Paul, MN)</td>
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<td><strong>OSHA #2015: HAZARDOUS MATERIALS</strong></td>
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<td><strong>OSHA #2264: PERMIT-REQUIRED CONFINED SPACE ENTRY</strong></td>
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<td><strong>OSHA #7105: EVACUATION AND EMERGENCY PLANNING</strong></td>
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*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
## COURSES AT A GLANCE

### SCHEDULE BY LOCATION

#### Cleveland, OH
- **Construction Employers Association**
  - OSHA #500: Feb. 23-26, 2016
  - OSHA #510: Oct. 11-14, 2016
  - OSHA #500: Nov. 15-18, 2016

#### Danville, IL
- **Danville Area Community College**
  - OSHA #502: March 8-10, 2016
  - OSHA #501: April 26-29, 2016
  - OSHA #7510: May 10, 2016
  - OSHA #501: July 11-14, 2016
  - OSHA #511: Sept. 13-16, 2016

#### Decatur, IL
- **Richland Community College**
  - OSHA #511: Feb. 23-26, 2016
  - OSHA #503: March 9-11, 2016
  - OSHA #500: April 25-28, 2016
  - OSHA #511: June 6-9, 2016
  - OSHA #502: Oct. 4-6, 2016

#### DeKalb, IL
- **Northern Illinois University**
  - OSHA #521: May 17-20, 2016

#### Green Bay, WI
- **Northeast Wisconsin Technical College**
  - OSHA #511: Feb. 15-18, 2016
  - OSHA #502: March 21-23, 2016
  - OSHA #500: March 28-31, 2016
  - OSHA #503: April 11-13, 2016
  - OSHA #501: April 18-21, 2016
  - OSHA #511: Sept. 20-23, 2016
  - OSHA #7100: May 11, 2016
  - OSHA #7105: June 6-9, 2016
  - OSHA #7105: June 20, 2016
  - OSHA #502: July 11-15, 2016
  - OSHA #500: July 13, 2016
  - OSHA #500: July 18, 2016
  - OSHA #7205: Aug. 18, 2016
  - OSHA #7205: Aug. 24, 2016
  - OSHA #7205: Aug. 28, 2016
  - OSHA #502: Aug. 28, 2016
  - OSHA #501: Aug. 29, 2016
  - OSHA #7105: Sept. 1, 2016

#### Hillside, IL
- **Construction Safety Council**
  - OSHA #3095: Feb. 16-19, 2016
  - OSHA #500: March 21-25, 2016
  - OSHA #7500: March 30, 2016
  - OSHA #510: April 4-7, 2016
  - OSHA #7845: April 18, 2016
  - OSHA #502: April 19-21, 2016
  - OSHA #2055: May 3-5, 2016
  - OSHA #500: May 9-13, 2016
  - OSHA #7100: May 11, 2016
  - OSHA #510: June 6-9, 2016
  - OSHA #7105: June 20, 2016
  - OSHA #502: June 21-23, 2016
  - OSHA #500: July 11-15, 2016
  - OSHA #7100: July 13, 2016
  - OSHA #500: July 18, 2016
  - OSHA #7205: July 20, 2016
  - OSHA #500: Aug. 8-11, 2016
  - OSHA #503: Aug. 24, 2016
  - OSHA #7405: Sept. 12-16, 2016
  - OSHA #502: Sept. 28, 2016
  - OSHA #500: Oct. 3-6, 2016
  - OSHA #510: Oct. 18-20, 2016
  - OSHA #500: Nov. 7-11, 2016
  - OSHA #502: Nov. 9, 2016
  - OSHA #7505: Dec. 5-8, 2016
  - OSHA #7510: Dec. 21, 2016

#### Itasca, IL
- **National Safety Council**
  - OSHA #3095: Feb. 15-18, 2016
  - OSHA #501: March 3-5, 2016
  - OSHA #7845: April 8, 2016
  - OSHA #501: April 11-13, 2016
  - OSHA #503: May 9-12, 2016
  - OSHA #511: May 13, 2016
  - OSHA #7105: June 6-9, 2016
  - OSHA #2055: July 12-14, 2016
  - OSHA #503: July 15, 2016
  - OSHA #7105: Sept. 16, 2016
  - OSHA #502: Nov. 7-10, 2016
  - OSHA #7105: Nov. 11, 2016
  - OSHA #7000: Dec. 9, 2016

#### Naperville, IL
- **NIU-Naperville**
  - OSHA #7300: March 11, 2016
  - OSHA #501: June 14-17, 2016
  - OSHA #501: Aug. 2-5, 2016
  - OSHA #501: Dec. 9, 2016

#### Rockford, IL
- **NIU-Rockford**
  - OSHA #7005: April 13, 2016
  - OSHA #503: May 4-6, 2016

#### St. Paul, MN
- **Minnesota Safety Council**
  - OSHA #500: Feb. 16-19, 2016
  - OSHA #503: March 7-9, 2016
  - OSHA #501: March 29-April 1, 2016
  - OSHA #501: April 11-14, 2016
  - OSHA #500: April 19-21, 2016
  - OSHA #500: May 10-13, 2016
  - OSHA #511: May 17-20, 2016
  - OSHA #501: June 16-19, 2016

*Dates and locations subject to change. For the most up-to-date course listings, please visit [www.nsec.niu.edu](http://www.nsec.niu.edu)*
SAFETY & HEALTH COURSES

OSHA GUIDE TO INDUSTRIAL HYGIENE
Course Fee: $800 | Early Bird Rate: $775 | Three-Plus Early Bird: $750

This course addresses industrial hygiene practices and related OSHA regulations and procedures. Topics include permissible exposure limits, OSHA health standards, respiratory protection, engineering controls, hazard communication, OSHA sampling procedures and strategy, workplace health program elements and other industrial hygiene topics. The course features workshops in health hazard recognition, OSHA health standards and a safety and health program workshop.

Course Benefits
• Interpret requirements of OSHA health requirements
• Recognize potential health hazards in the workplace
• Perform basic health hazard evaluation using OSHA sampling procedures
• Recommend suitable strategies for controlling hazardous conditions
• Describe the elements required for an effective workplace health program
• Earn 2.6 CEU or 4.34 CM

What You Will Learn
• Air contaminant sampling
• Air contaminant standards
• Hazard communication
• Hazardous waste standards
• Asbestos standards
• Bloodborne pathogens standards
• Noise standards
• Confined space standards
• Respirator standards
• Ventilation standards
• Detector tube sampling
• Elements of a workplace health program
• Hazard violation workshop
• Health hazard recognition
• OSHA ergonomic guidelines
• OSHA record keeping for health

CLASS SCHEDULE*
May 17-20, 2016 (DeKalb, IL)

HAZARDOUS MATERIALS
OSHA #2015
Course Fee: $800 | Early Bird Rate: $775 | Three-Plus Early Bird: $750

This course covers OSHA general industry standards and integrates materials from other consensus and proprietary standards that relate to hazardous materials. Included are flammable and combustible liquids, compressed gases, LP gases, and cryogenic liquids. Related processes such as spraying and dipping are covered, as well as electrical equipment.

Course Benefits
• Describe methods for detecting unsafe storage conditions for hazardous materials
• Explain electrical factors that may contribute to the creation or abatement of hazardous conditions
• Relate hazardous conditions and unsafe procedures to the appropriate standards for abatement action
• Specify the necessary precautions for hazardous operations, such as the dispensing of flammable and combustible liquids
• Describe proper abatement techniques for selected industrial hazards
• Earn 2.6 CEU or 4.34 CM

What You Will Learn
• Introduction to hazardous materials
• Hazardous locations
• Introduction to hazardous waste and hazardous response
• Hazardous waste site operations
• Emergency response and emergency action plans
• Compressed gases and acetylene
• Welding, cutting and brazing
• Liquefied petroleum gases
• Flammable liquids
• Spray finishing using flammable and combustible materials
• Dip tanks
• Permit-required confined space
• Cryogenic liquids, hydrogen and oxygen
• Anhydrous ammonia
• Process-safety management

CLASS SCHEDULE*
June 6-9, 2016 (Itasca, IL)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
SAFETY & HEALTH COURSES

SAFETY & HEALTH COURSES

PERMIT-REQUIRED CONFINED SPACE ENTRY

OSHA #2264
Course Fee: $600 | Early Bird Rate: $575 | Three-Plus Early Bird: $550

CLASS SCHEDULE*
April 11-13, 2016 (Itasca, IL)

This course is designed to enable students to recognize, evaluate, prevent, and abate safety and health hazards associated with confined space entry. Technical topics include the recognition of confined space hazards, basic information about instrumentation used to evaluate atmospheric hazards, and ventilation techniques. This course features workshops on permit entry classification and program evaluation. Knowledge of respiratory protection will be beneficial to participants in this program.

Course Benefits
• Define terms specific to permit-required confined space operations
• Identify standards governing permit-required confined space entry procedures
• Describe hazards associated with permit spaces
• Demonstrate the proper operation of testing instruments and explain their limitations
• Describe appropriate ventilation, PPE and emergency procedures necessary for entry
• Earn 2.0 CEU or 3.34 CM

What You Will Learn
• Permit space hazards
• Entry procedures
• Ventilation requirements
• Personal protective equipment
• Permit systems

ELECTRICAL STANDARDS

OSHA #3095
Course Fee: $800 | Early Bird Rate: $775 | Three-Plus Early Bird: $750

CLASS SCHEDULE*
Feb. 16-19, 2016 (Hillside, IL)

This course is designed to provide the student with a survey of OSHA’s electrical standards and the hazards associated with electrical installations and equipment. Topics include single-phase and three-phase systems, cord-connected and plug-connected and fixed equipment, grounding, ground fault circuit interrupters, and safety-related work practices. Emphasis is placed on electrical hazard recognition and OSHA policies and procedures. Students will receive instruction on safe and correct use of their electrical testing equipment.

Course Benefits
• Detect electrical hazards, determine which OSHA standards apply and achieve the appropriate abatement
• Identify the proper use of safety electrical test equipment
• Understand the effects of electrical currents on the human body with respect to voltage, current path, and the duration of exposure
• Know OSHA electrical standards
• Connect the National Electrical Code to OSHA's Electrical Standard
• Participate in an electrical lab
• Earn 2.6 CEU or 4.34 CM

What You Will Learn
• Electrical fundamentals
• Grounding requirements
• Over-current protection
• Single-phase and three-phase systems
• Electrical requirements for portable equipment
• Electrical requirements for fixed equipment
• Ground fault circuit interrupters
• Hazardous locations
• Electrical safety-related work practices
• Dielectric personal protective equipment
• Temporary wiring
• Portable generators
• Branch circuits
• NFPA 70E

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
SAFETY & HEALTH COURSES

**FALL PROTECTION**

**OSHA #3115**

Course Fee: $725 | Early Bird Rate: $700 | Three-Plus Early Bird: $675

This course provides an overview of state-of-the-art technology for fall protection and current OSHA requirements. Topics covered include the principles of fall protection, the components of fall arrest systems, the limitations of fall arrest equipment, and OSHA policies regarding fall protection. Course features a one-day field exercise demonstrating fall protection equipment.

*This course was previously known as OSHA 3110*

**Course Benefits**

- Identify various types of fall protection and their components
- Recognize fall hazards and identify abatement methods for fall hazards
- Define the proper use of fall protection equipment and personal fall arrest systems
- Select proper standards for citation purposed
- Earn 1.8 CEU or 3.01 CM

**What You Will Learn**

- 29 CFR 1926 Subpart M
- Sample fall protection plans
- Consensus standards and summaries
- Fall hazard analysis
- Fall accidents and fatalities
- Litigation decisions
- Pre- and post-tests

**CLASS SCHEDULE**

TBD 2016

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**COLLATERAL DUTY COURSE FOR OTHER FEDERAL AGENCIES**

**OSHA #6000**

Course Fee: $800 | Early Bird Rate: $775 | Three-Plus Early Bird: $750

This course introduces federal agency collateral duty safety and health personnel to the OSH Act, Executive Order 12196, 29 CFR 1960 and 29 CFR 1910. The training enables participants to recognize basic safety and health hazards in the workplace and effectively assist agency safety and health officers with inspection and abatement efforts.

**Course Benefits**

- Describe the OSH Act, 29 CFR 1960, and 29 CFR 1910
- Describe major provisions of Executive Order 12196
- Identify selected safety and health hazards and corresponding OSHA standards
- Use the OSHA numbering system
- Describe abatement methods for selected safety and health hazards, such as hazardous materials
- Explain and apply workplace inspection procedures consistent with established OSHA policies, procedures, and directives
- Earn 2.3 CEU or 3.84 CM

**What You Will Learn**

- Office safety
- Walking and working surfaces
- Means of egress and fire protection
- Personal protective equipment
- Material handling
- Electrical standards
- Introduction to industrial hygiene
- Hazard communication
- Inspection field trio, write up, and review
- Introduction to accident investigation
- Introduction to the OSH Act and 29 CFR 1960
- Introduction to OSHA standards and hazard violation workshop

**NOTE:** There is a half-day facility tour. Please wear closed-toed shoes (steel toes if you have them) and dress comfortably.

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu*
The focus of this one-day course is to use OSHA’s Ergonomics Guidelines for Nursing Homes to develop a process to protect workers in nursing homes. The course will focus on analyzing and identifying ergonomic problem jobs and practical solutions to address these problems. Featured topics include: developing an ergonomic process; risk factors in the nursing home guidelines; identifying problem jobs including protocol for resident assessment; and implementing solutions including work practices and engineering solutions.

Course Benefits
• Describe how to apply OSHA’s Ergonomics Guidelines for Nursing Homes in developing a process to provide safe patient handling
• Discuss the benefits of implementing an ergonomics process
• Identify and analyze ergonomic problem job patient handling
• Recognize practical solutions to address ergonomic problem jobs
• Earn 0.78 CEU

What You Will Learn
• OSHA’s focus in nursing homes
• Developing an ergonomics process
• Risk factors
• Identifying problem jobs
• Implementing solutions

The main focus of this course is to increase the participant’s knowledge and skill in proper machine safeguarding techniques, and to highlight the benefits of guarding various types of machinery. It is the employer’s responsibility to identify and select the safeguard necessary to protect employees and others in the work area, as well as provide appropriate training in safe work practices.

Course Benefits
• Know when and how to properly safeguard machinery
• Learn how you can reduce or eliminate the potential for accident and injuries
• Earn 0.4 CEU

What You Will Learn
• Introduction to machinery and machine safeguarding
• Basics of machine safeguarding
• Methods of safeguarding
• Management responsibilities

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
SAFETY & HEALTH COURSES

**Evacuation and Emergency Planning**

Course Fee: $125 | Early Bird Rate: $100 | Three-Plus Early Bird: $75

Evacuation and emergency planning focuses on OSHA requirements for emergency action plans and fire protection plans. Preparing for emergencies is a basic principle of workplace safety and health. Participants will learn reasons for emergency action plans and fire prevention plans and when they are required for a workplace, elements of a good evacuation plan and features of design and maintenance of good exit routes. The optional session for this course will focus on assessment of risk for terrorist attacks and how to utilize OSHA’s two matrices, evacuation planning and fire and explosion, as tools in planning for emergencies.

**Course Benefits**
- List the elements of an emergency action plan and emergency evacuation floor plans
- Recognize violations of OSHA exit route requirements
- Determine whether their organization requires an emergency action plan
- Develop and implement workplace emergency action and fire protection plans
- Earn 0.4 CEU

**What You Will Learn**
- Chemical spills
- Severe weather
- Fire
- Workplace violence
- ERPs
- Hazwoper overview regarding ERP
- Terrorism and homeland defense issues
- Personal protective equipment

**Class Schedule**

May 13, 2016 (Itasca, IL)
June 20, 2016 (Hillside, IL)

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**Bloodborne Pathogens Exposure Control for Healthcare Facilities**

Course Fee: $225 | Early Bird Rate: $200 | Three-Plus Early Bird: $175

The purpose of this course is to develop a bloodborne pathogens exposure plan for healthcare facilities using a step-by-step approach. Featured topics include an introduction to bloodborne pathogens standards, the exposure control plan, exposure determination, methods of control, vaccinations and evaluations, training and information, and record keeping.

**Course Benefits**
- Review the bloodborne pathogens standard
- Identify the exposure control plan
- Learn to make an exposure determination
- Learn methods of control
- Review vaccinations and evaluations
- Earn 0.7 CEU

**What You Will Learn**
- Control methods
- Exposure control plans
- Exposure determination methods
- Introduction to standards
- Medical requirements
- Recordkeeping
- Training requirements

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*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu*
SAFETY & HEALTH COURSES

HEALTH HAZARD AWARENESS
OSHA #7205
Course Fee: $200 | Early Bird Rate: $175 | Three-Plus Early Bird: $150

This course provides an introduction to common health hazards that are encountered in the workplace. These health hazards will include exposure to chemicals, asbestos, silica and lead. The course will feature these topics: identification of hazard; sources of exposure; health hazard information; evaluation of exposure; and engineering and work practice controls. The course materials will include an instructor and student manual; workshops and group activities; and PowerPoint presentations. The course is designed as an awareness course for employers and employees.

Course Benefits
• Understand common health hazards in the workplace and methods for controlling and abatement of these hazards
• Earn 0.6 CEU

What You Will Learn
• Identification of hazards
• Sources of exposure
• Health hazard information
• Evaluation of exposure
• Engineering and work practice controls

CLASS SCHEDULE*
July 18, 2016 (Hillside, IL)
Sept. 16, 2016 (Itasca, IL)

PANDEMIC INFLUENZA PREPAREDNESS
OSHA #7210
Course Fee: $225 | Early Bird Rate: $200 | Three-Plus Early Bird: $175

The focus of this one-day course is to provide private businesses within general industry with an opportunity to enhance their awareness and preparation for a pandemic. This course will help these business leaders to gain the knowledge and strategies that can help them to assure business continuity and employee safety in the midst of a pandemic influenza event. The course will focus on recognizing the reality of the hazards and risks associated with a pandemic, as well as developing the strategies that can help a business, their community, and their family with realistic preparation for a pandemic.

Course Benefits
• Offer information on strategies that can be used to control the spread of the virus
• Provide information on strategies that can help minimize exposure for employees and family
• Increase the awareness of participants of the many valuable resources available particularly from OSHA and other government agencies.
• Earn 0.55 CEU

What You Will Learn
• Potential impact of a pandemic influenza event on a business and community
• Critical elements of a preparedness plan
• Realistic, sound strategies for supporting continuity of a business their community and their family

CLASS SCHEDULE*
Nov. 11, 2016 (Itasca, IL)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
UNDERSTANDING OSHA’S PERMIT-REQUIRED CONFINED SPACE STANDARD

Course Fee: $225 | Early Bird Rate: $200 | Three-Plus Early Bird: $175

This one-day course discusses the requirements of OSHA’s permit-required confined space standard, 29 CFR 1910.146. It is designed for small business employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit space program. It covers OSHA’s requirements but does not feature hand-on sections (instrumentation and control methods and testing) which are included in OSHA 2264.

Course Benefits
• Learn about OSHA’s requirements for developing a permit-required space program
• Earn 0.7 CEU

What You Will Learn
• Safety and health hazards associated with confined space entry
• Evaluation, prevention, and abatement of these hazards

CLASS SCHEDULE*
March 11, 2016 (Naperville, IL)
July 20, 2016 (Hillside, IL)

MANAGING EXCAVATION HAZARDS

Course Fee: $200 | Early Bird Rate: $175 | Three-Plus Early Bird: $150

In this one-day course, students will learn about the role and responsibility of the employer to assign a competent person to the excavation site and arm that person with the knowledge to perform the work properly. Topics include the understanding and application of definitions relating to OSHA’s Excavation Standard (Subpart P), excavation hazards and control measures, soil analysis techniques, protective system requirements and emergency response. At the conclusion of this course, the participant will understand the importance and duties of a competent person towards excavation work and will have the knowledge and skills that are required to perform those duties.

Course Benefits
• Understand the importance and duties of a competent person in excavation work
• Have the knowledge and skills required performing these duties
• Earn 0.65 CEU

What You Will Learn
• Understanding and application of definitions relating to the OSHA Excavation Standard
• Excavation hazards and control measures
• Soil analysis techniques
• Protective system requirements
• Emergency response

CLASS SCHEDULE*
Sept. 14, 2016 (Hillside, IL)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
SAFETY & HEALTH COURSES

INTRODUCTION TO SAFETY AND HEALTH MANAGEMENT

Using interactive assignments and thought-provoking group projects, students of this one day workshop come away with a strong understanding of the benefits in implementing a safety and health management system in the workplace.

Course Benefits
• Explain the benefits of implementing a safety and health management system
• Identify the core elements of an effective safety and health program
• Describe the key processes in each program element
• Earn 0.55 CEU

What You Will Learn
• Overview of a safety and health management system
• Management leadership and employee involvement
• Work site analysis
• Hazard prevention and control
• Safety and health training
• Program evaluation

CLASS SCHEDULE*
March 30, 2016 (Hillside, IL)

INTRODUCTION TO INCIDENT (ACCIDENT) INVESTIGATION

An introduction to accident investigation provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of the course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace. The target audience is the small employer, manager, employee or employee representative who, as part of a firm’s safety and health system, would be involved in conducting accident and/or near-miss investigations.

Course Benefits
• Analyze accidents using proven techniques
• Know your responsibilities in a workplace accident
• Earn 0.75 CEU

What You Will Learn
• Accident investigation basics
• The Six-Step Process
• Preserve and document accident scenes
• Collect facts through interviews
• Develop sequence of events
• Determine the cause
• Develop recommendations
• Report writing
• Recordkeeping

CLASS SCHEDULE*
Nov. 9, 2016 (Hillside, IL)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
INTRODUCTION TO OSHA FOR SMALL BUSINESS

This course provides an introduction to the Occupational Safety and Health Administration (OSHA) for owners and managers of small businesses. The goal of the course is to help participants gain an understanding of OSHA operations and procedures and learn how they can work with OSHA to prevent or reduce injuries and illnesses in their workplaces. Included in the course is information on the background of OSHA, standards, the inspection process, implementing a safety and health program, and assistance available to small business. It is anticipated that the course materials could be covered in 3.5-4 hours.

Course Benefits
• Learn to reduce and prevent injuries
• Identify assistance available
• Learn to implement a safety and health program
• Earn 0.35 CEU

What You Will Learn
• Introduction to OSHA
• OSHA Standards
• The inspection process
• Implementing a safety and health program
• Worker training requirements
• Assistance available to small businesses

CLASS SCHEDULE*
May 19, 2016 (Danville, IL)
Dec. 21, 2016 (Hillside, IL)

RECORDKEEPING RULE SEMINAR

This course is designed to assist employers in identifying and fulfilling their responsibilities for posting certain records, maintaining records of illnesses and injuries, and reporting specific cases to OSHA. Participants who successfully complete this course will be able to identify OSHA requirements and complete new OSHA’s forms 300, 300A and 301.

Course Benefits
• Improve your record keeping system
• Improve the quality and consistency of injury and illness data
• Earn 0.4 CEU

What You Will Learn
• Identify employees covered under OSHA’s revised record keeping requirements
• Identify new OSHA requirements for recordkeeping, posting and reporting
• Correctly complete OSHA forms 300, 300A and 301

CLASS SCHEDULE*
April 8, 2016 (Itasca, IL)
April 18, 2016 (Hillside, IL)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
OSHA 10-HOUR GENERAL INDUSTRY TRAINING
Course Fee: $300 | Early Bird Rate: $275 | Three-Plus Early Bird: $250

CLASS SCHEDULE*
March 28-29, 2016 (DeKalb, IL)
April 4 & 11, 2016 (Rockford, IL)
June 20-21, 2016 (Naperville, IL)
July 25-26, 2016 (DeKalb, IL)

The OSHA 10-Hour General Industry Training course is intended to provide entry-level general industry workers with information about their rights, employer responsibilities and how to file a complaint. Students will also learn how to identify, abate, avoid and present job-related hazards on a work site. The training course covers a variety of general industry safety and health hazards that a worker may encounter. This training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Course Benefits
• Earn a US Department of Labor 10-hour card
• Earn 1.0 CEU

OSHA 30-HOUR GENERAL INDUSTRY TRAINING
Course Fee: $800 | Early Bird Rate: $775 | Three-Plus Early Bird: $750

CLASS SCHEDULE*
March 28-31, 2016 (DeKalb, IL)
April 4, 11, 18 & 25, 2016 (Rockford, IL)
June 20-23, 2016 (Naperville, IL)
July 25-28, 2016 (DeKalb, IL)

The OSHA 30-Hour General Industry Course is intended to provide a variety of training to workers with some safety responsibility. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Course Benefits
• Earn a US Department of Labor 30-hour card
• Earn 1.0 CEU

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.nsec.niu.edu
OSHA 10-HOUR & 30-HOUR CARDS

CONSTRUCTION TRAINING

OSHA 10-HOUR CONSTRUCTION TRAINING
www.buildsafe.org (select “Online Enrollment” on the left side of the home page)

CLASS SCHEDULE*
March 1-2, 2016 (Hillside, IL)
April 12-13, 2016 (Hillside, IL)
May 3-4, 2016 (Hillside, IL)
June 7-8, 2016 (Hillside, IL)
July 12-13, 2016 (Hillside, IL)
Aug. 2-3, 2016 (Hillside, IL)
Sept. 20-21, 2016 (Hillside, IL)
Oct. 11-12, 2016 (Hillside, IL)
Nov. 15-16, 2016 (Hillside, IL)
Dec. 13-14, 2016 (Hillside, IL)

The OSHA 10-Hour Construction Training course is intended to provide entry-level construction workers with information about their rights, employer responsibilities and how to file a complaint. Students will also learn how to identify, abate, avoid and present job-related hazards on a work site. The training course covers a variety of construction safety and health hazards that a worker may encounter. This training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Construction Safety Council Member Registration
Open Class: $110
Private Class: $95 (10 or more students)

General Public Registration
Open Class: $160
Private Class: $140 (10 or more students)

CLASS SCHEDULE*
March 15-24, 2016 (Hillside, IL)
April 5-14, 2016 (Hillside, IL)
May 14-23, 2016 (Hillside, IL)
July 19-28, 2016 (Hillside, IL)
Aug. 16-25, 2016 (Hillside, IL)
Sept. 20-29, 2016 (Hillside, IL)
Oct. 4-13, 2016 (Hillside, IL)
Nov 1-10, 2016 (Hillside, IL)
Dec. 6-15, 2016 (Hillside, IL)

The OSHA 30-Hour Construction Course is intended to provide a variety of training to workers with some safety responsibility. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Construction Safety Council Member Registration
Open Class: $460
Private Class: $400 (10 or more students)

General Public Registration
Open Class: $690
Private Class: $600 (10 or more students)

*Dates and locations subject to change. For the most up-to-date course listings, please visit www.buildsafe.org
COURSE LOCATIONS

1. DEKALB
   NIU Engineering Building
   590 Garden Road
   DeKalb, IL 60115

2. HILLSIDE
   Construction Safety Council
   4415 West Harrison Street, Suite 404
   Hillside, IL 60162

3. ITASCA
   National Safety Council
   1121 Spring Lake Drive
   Itasca, IL 60143

4. HOFFMAN ESTATES
   NIU-Hoffman Estates
   5555 Trillium Boulevard
   Hoffman Estates, IL 60192

5. NAPERVILLE
   NIU-Naperville
   1120 East Diehl Road
   Naperville, IL 60563

6. ROCKFORD
   NIU-Rockford
   8500 East State Street
   Rockford, IL 61108

7. DANVILLE
   Danville Area Community College
   2000 East Main Street
   Danville, IL 61832

8. DECATUR
   Richland Community College
   1 College Parkway
   Decatur, IL 62521

9. ST. PAUL
   Minnesota Safety Council
   474 Concordia Avenue
   St. Paul, MN 55103

10. CLEVELAND
    Construction Employers Association
    950 Keynote Circle, Suite 10
    Cleveland, OH 44131

11. GREEN BAY
    Northeast Wisconsin Technical College
    2740 West Mason Street
    Green Bay, WI 54307

(815) 753-6902 | WWW.NSEC.NIU.EDU
WHY TAKE OSHA SAFETY TRAINING COURSES?

- Each year, workplace injuries cost companies $180 billion
- On average, there are 10 workplace fatalities and 14,000 injuries EACH DAY
- Workplace safety training has shown to reduce the frequency and severity of workplace-related incidents
- Safety training can also reduce costs of employee absences, worker’s compensation and lawsuits
- Safety classes also help increase productivity, boost quality and efficiency, and improve worker morale
- Safety training helps companies stay compliant with OSHA regulations

Source: National Safety Council